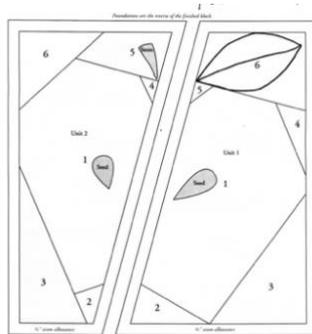


**Warwick Valley Quilters' Guild**  
Warwick, NY



**“APPLE” QUILT BLOCK**

2021



**A fun, scrappy, paper-pieced block!**

For reference, see color photos in email.

**[Revised version]**

Applefest block design & instructions © Louise LoPinto Hutchison 2006 / Updated 2021

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This pattern and/or directions may not be sold.

# Apple Block - Paper-Piecing Design & Instructions

*Using this apple block design, members may choose to make more than one quilt block, quilt **and/or** smaller quilted items, such as table runners, placemats, etc.*

*\* Blocks may be contributed to be used in a **group** apple block quilt –  
OR used in an apple block project you complete yourself. \**

## INCLUDED

- General & basic paper piecing instructions
  - Materials needed
  - Paper piecing block pattern - to copy onto special paper-piecing paper (or copier paper)
  - \* **Note - Always make pattern photocopies from the original image – NOT from copies of copies!\***
  - Color photos for reference (in email)
- .....

## MATERIALS

This block has a scrappy look, so gather many fabric scraps to “audition” for the various pieces... and have fun with the fabric selection process!

### Suggestions for fabrics/colors

#### **\* Reminders:**

- Try out different fabric pieces roughly in place on the block design – before cutting!
- Wash and iron all fabrics to be used in the block before using.

#### - **Apple**

Two different reds OR two different apple greens

#### - **Leaf** (if using appliqué)

Two different greens

(use the darker fabric for the bottom part of the leaf)

#### - **Small background pieces surrounding the apple**

A variety of medium-to-dark earth tones – prints & solids

(but be sure these fabrics don't “upstage” the apple!)

#### - **Border strips**

Cut fabric strips:

- For the INNER border strips (1,2,3,4) use the same fabric for each (cut **1” wide**)
- For the OUTER border strips, use a different fabric for each, and strips 7 & 8 should be darker than strips 5 & 6 (cut **2” wide**)

#### - **Trim the block(s) – or not?**

- If making a block(s) to contribute to a **group quilt**, leave the paper in and the block(s) UNTRIMMED.
- If making a block(s) and will complete the project **yourself**, leave the paper in and trim your block(s) as desired.

## \* QUILT BLOCK ASSEMBLY \*

**New to paper-piecing?** Before beginning, it may be **very helpful** to watch free paper-piecing tutorial **videos** on YouTube (link on next page) and/or read a paper-piecing **book(s)**.

**1. After selecting your fabrics, wash and iron all fabrics to be used in the block**

**2. Cut fabric pieces, as described in the materials list**

**Note** - with paper-piecing, it's much easier if you cut the fabric pieces **oversize** (add 1/2" to all pieces).

**3. Print out or photocopy the pattern (same size/100%) onto special paper-piecing paper or copier paper**

**4. Using paper-piecing techniques, make the apple portion of the block**

Pin apple **fabric piece #1** in place on the **blank** side of the paper.

Then - in number order - add each additional apple piece, **stitch on the printed side**, flip over the fabric & pin it down.

To test for placement – for each patch, temporarily pin fabric piece on the appropriate seam line.

Flip it over the seam and hold up to a light – if the patch doesn't cover the area completely, adjust placement and re-check.

**5. Add the first row of border strips to the block**

Referring to the block's piecing diagram, cut a **1-inch-wide** strip, and sew (right sides together) to the long side of Unit 1 (with a 1/4" seam). Press open. Trim the ends of the strip even with the block.

Working counterclockwise, continue to add 3 more **1-inch-wide (cut width) border strips** (as you would for a Log Cabin block). Trim ends and press after each addition.

**6. Add the second row of border strips (2-inch cut width) to the block**

Continuing to work counterclockwise, add a second row of **2-inch-wide (cut width) border strips** (with a 1/4" seam). Trim ends and press after each addition.

**7. Make a leaf - choice of two techniques**

After the block is completed, the two seeds and the stem may be sewn on **OR** stenciled on – see below:

### **Leaf Option A – Appliqué:**

- Sew two different green colored scraps together (each approximately 1 1/4 x 3") along the long sides, and press the seam open.
  - Align the center line of the **leaf template** with the seam, and cut out the leaf. Refer to the pattern for placement.
  - Stitch by hand **OR** fuse & machine stitch the leaf edge **OR** blanket stitch the leaf edge.
  - **NOTE** - If using the turn-under appliqué method, add 3/16" around the edge of the leaf before cutting. If you're using raw-edge machine appliqué with a zig-zag stitch, no extra allowance is needed.
- You may also straight stitch **or** blanket stitch around the applique, close to the edge.

### **Leaf Option B – Stencil:**

- After the block is completed, the two seeds and the stem may be stenciled on.

**8. When finished, carefully press your block, and...LEAVE the paper attached (for now)!**

With borders, the **finished block size** should be 9 inches across (including a 1/4" seam allowance on each side) x 9 7/8 inches high (including a 1/4" seam allowance on top and bottom).

### **Trim the block(s) – or not?**

\* If making a block(s) **to contribute to a group quilt**, leave the paper in for now, and leave the block(s) UNTRIMMED – these blocks will be trimmed as needed.

\* If making a block to **complete a project yourself** – leave the paper in for now, and **TRIM** your block(s) as desired.

**9. And...add your signature!** 😊

Sign your name and the year in a seam allowance on the back of the block with an acid-free, fine-tip, felt marker ("Pigma" brand is good – and several acid-free brands are available at quilt shops, craft stores and online.)

## \* Some helpful things for paper-piecing \*

**New to paper-piecing?** Before beginning, you may find it **very helpful** to watch free tutorial **videos** on YouTube (link below) and/or take a look at a paper-piecing **book(s)**.

### ▪ Video tutorials

This Google webpage has several YouTube paper-piecing video tutorials:

<https://www.google.com/search?client=firefox-b-1-d&q=paper+piecing+tutorials>

And/or Google: **paper piecing quilting**

### ▪ Paper-piecing books

Paper-piecing books and special paper may be found at local quilt shops and online, and/or borrowed through your local public library system.

- "Easy Machine Paper Piecing" by Carol Doak

- "Learn to Paper Piece" by Nancy Mahoney

- "Adventures in Paper Piecing & Design" by Sarah Elizabeth Sharp

\*Other paper-piecing books may be found at local quilt shops, craft shops and online:

<https://www.google.com/search?client=firefox-b-1-d&q=foundation+paper+piecing+books>

and

[https://www.amazon.com/s?k=paper+piecing+quilt+books&i=stripbooks&crd=2SZE8IMIFA2XQ&srefix=paper+piecing+%2Cstripbooks%2C164&ref=nb\\_sb\\_ss\\_ts-a-p\\_1\\_14](https://www.amazon.com/s?k=paper+piecing+quilt+books&i=stripbooks&crd=2SZE8IMIFA2XQ&srefix=paper+piecing+%2Cstripbooks%2C164&ref=nb_sb_ss_ts-a-p_1_14)

### ▪ Paper-piecing paper

One example is Carol Doak's Foundation Paper:

"Use in most inkjet or laser printers or copy machines.

Holds up beautifully during stitching, and tears away easily when you're done."

[https://www.amazon.com/gp/product/1571208143/ref=ppx\\_yo\\_dt\\_b\\_asin\\_title\\_o09\\_s00?ie=UTF8&psc=1](https://www.amazon.com/gp/product/1571208143/ref=ppx_yo_dt_b_asin_title_o09_s00?ie=UTF8&psc=1)

(NOTE - This brand, as well as other brands/types may be found at local quilt shops, craft shops and online.)

### ▪ Portable "light box"

A small, portable "light box" can help make paper piecing much easier!

(It can also be used to trace applique designs on fabric for other projects.)

Amazon carries some pretty reasonable ones – see below for one example.

This simple one isn't the least expensive one on the market – but it's a convenient size, is not heavy, is well built and comes with a custom storage bag:

"A3 Light Box Light Pad"

Aluminum Frame / Touch Dimmer / 11W Super Bright Max 4500 Lux

Comes with Carry/Storage Bag

[https://www.amazon.com/gp/product/B0755D5CLS/ref=ppx\\_yo\\_dt\\_b\\_asin\\_title\\_o00\\_s02?ie=UTF8&psc=1](https://www.amazon.com/gp/product/B0755D5CLS/ref=ppx_yo_dt_b_asin_title_o00_s02?ie=UTF8&psc=1)

(NOTE - Other brands/types may be found at local quilt shops, craft shops and online.)

Warwick Valley Quilters' Guild  
"Apple" Quilt Block Design Project 2021



**"APPLE" QUILT BLOCK**  
**VOLUNTEER TASKS**

Please consider helping with one or more of the  
various tasks needed to complete apple block quilts – *thank you!*

**I volunteer to help with this Guild project!**

*(Choose as many tasks as you wish!)*

I'll make one (or more) quilt block and/or smaller quilted item, using the provided quilt block pattern!

I'll make one completed quilt (or more), using the provided quilt block pattern!

Using provided, completed quilt blocks, I'll sew together the blocks, lattice strips and border to make a finished quilt top(s)

Using a provided quilt top, I'll baste together the top, batting and backing layers of a quilt(s)

I'll machine quilt a quilt top(s)

I'll bind a quilt(s)

I'll sew a hanging sleeve on the back of a quilt(s)

I'll sew a provided label on the back of a quilt(s)

**WVQG - Apple block project - contacts:**

**\* Barbara Berdy will create & update a master list of volunteers for this project.**

**Please contact Barbara with your volunteer task choice(s).**

Barbara: **email** - [bsb1940@yahoo.com](mailto:bsb1940@yahoo.com) / **Phone** - (C) 914-393-2626 / (H) 845-634-9309

**\* Carol A. Johnson will help with these project coordination tasks:**

- Distribute blocks to top makers, then to quilters and then to those who are binding and/or sewing on labels
- Keep track after finished blocks are distributed: who is doing what, and where we are in the process
- Provide paper-piecing foundation paper to those who need it (via mail, if we're not yet meeting in person)
- Ask for donations of batting

**Please contact Carol if you have questions regarding any of these areas.**

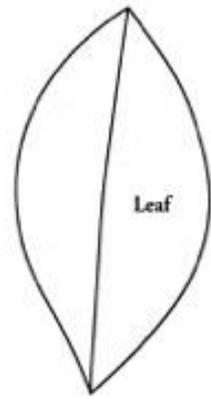
Carol: **email** - [caroljnusa@hotmail.com](mailto:caroljnusa@hotmail.com) / **Phone** - (H) 973-697-3661 / (C) 201-919-1000

# Appliqué block - PAPER PIECING PATTERN

- Foundation patterns are the reverse of the finished block.
- Use straight-machine stitch w/ open toe foot
- Use 90/14 needle
- Set stitch length for 15-20 stitches per inch

Leaf may be:

- Appliqued by hand, ~~or~~
- Appliqued by machine, ~~or~~
- Stenciled after block is done



*Foundations are the reverse of the finished block.*

